

ACCESS IN SAN DIEGO 2011

www.asd.travel



Accessible
San Diego



www.asd.travel

(619) 325-7550

Thank you for visiting Accessible
San Diego
Come back soon!

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Welcome

This 20th edition of Access in San Diego Guide is to enjoy 2011. We celebrate that you can enjoy both affordable and accessible experiences in San Diego.

As you browse thru our 2011 Access Guide, we advise you to contact our accessible hotels and tours directly to get the best prices and lock them in now for the spring, summer or fall of 2011.

Accessible San Diego is now on Facebook and Twitter! Become a friend/fan and follow us. Contact our staff real time (10am-3pm PST) at 619-325-7550 and get the latest insider information or go to www.asd.travel.

Sincerely,
Wes Johnson and the staff of Accessible San Diego.



Visual Disabilities
Raised/Braille, Signage and Menus



Mobility Disabilities/Physical Access,
Accessible Restrooms, Accessible Parking



Hearing Disabilities/Assisted Listening
Equipment, Text Telephones, Written Scripts



ACCESS 2 FOR 1 Pass Savings



Lift Shuttles and Tour Vehicles

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“Don’t forget to tell our Sponsors you saw them in the 2011 Access In San Diego Guide”

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Public Lift Transportation

Access Factoid:

Currently lift transportation providers have services from north San Diego County to and into Mexico Viva Lift Transportation.

Amtrak®

(800) USA-RAIL
TTY (800) 523-6590
www.amtrak.com

Ask for Pacific Surfliner when making your advanced reservations on Amtrak to and from San Diego.

Sit on the west side of train when leaving San Diego to view the ocean. Not all of Amtrak stations are accessible.

CALL IN ADVANCE.

Coaster Express Rail
(800) COASTER
(800) 262-7837

Monday-Saturday between North County coastal cities and San Diego.



Greyhound

Voice (800) 752-4841
TTY (800) 345-3109
www.greyhound.com

Lift equipped buses with 72 hour advance reservations.

Ask about discounts for attendants and family accompanying persons with disabilities.

San Diego Trolley
(MTS-Metropolitan Transit System)

Voice (619) 595-4949

Trolleys run throughout San Diego, downtown to the Mexican border, East County and at San Diego State University.

Trolleys & buses are wheelchair accessible with lifts or roll in positions for wheelchairs.

Service dogs ride free.

Wheelchair accessible with ramps and wheelchair seating.



Accessible Lodging

Lodging



*Hydraulic pool lift

Area & Phone



Braille Signage



Lift Airport Shuttle



Text Phones



Roll-in Showers-Tubs

Bahia Resort Hotel * 998 W. Mission Bay Dr. San Diego, CA 92109	Mission Bay (858) 488-0551 (800) 288-0770	Part	Cloud 9 Shuttle	Yes	4 Roll-in showers
Catamaran Resort Hotel * 3999 Mission Blvd. San Diego, CA 92109	Mission Bay (858) 488-1081 (800) 288-0770	Part	Cloud 9 Shuttle	Yes	3 Roll in showers
Courtyard by Marriott 8651 Sectrum Center Bl San Diego, CA 92123	Kearney Mesa (858) 573-0700	Yes	No	No	4 Roll-in showers
Courtyard by Marriot 2592 Laning Dr. San Diego, CA 92106	Liberty Station (619) 221-1900	Yes	Yes	Yes	5 Roll in showers, 6 Accessible Tubs
Four Seasons Aviara * 7100 Four Seasons Pt. Carlsbad, CA 92009	Carlsbad (760) 603-6800	Yes	No	Yes	7 Roll-in showers with benches
Hilton San Diego Bayfront 1 Park Blvd. San Diego, CA 92101	Convention Ctr. (619) 564-3333	Yes	No	Yes	13 Accessible Tubs, 20 roll in showers
Kona Kai Resort Hotel 1551 Shelter Island Dr. San Diego, CA 92106	Point Loma (619) 221-8000	Yes	Yes	Yes	2 Roll in showers, 9 accessible tubs
Lodge at Torrey Pines * 11480 N.Torrey Pines Rd. La Jolla, CA 92037	La Jolla (858) 453-4420	Yes	Cloud 9 Shuttle	Yes	3 Roll-in showers, 5 Accessible Tubs
Manchester Grand Hyatt * One Market Place San Diego, CA 92101	Downtown (619) 232-1234	Yes	Cloud 9 Shuttle	Yes	13 Roll-in showers, 42 Accessible Tubs
Town and Country * Resort Hotel 500 Hotel Circle No. San Diego, CA 92108	Mission Valley (619) 291-7131	Yes	Contracted Express Shuttle	Yes	10 Roll-in Showers, 10 Accessible Tubs

* Hydraulic pool lift-upon request

Harbor Cruises



Hornblower Cruises

(619) 686-8715

1-800 ON THE BAY

www.hornblower.com

- Daily cruises & Whale Watching Adventures and more.

Lord Hornblower-

- Accessible ramp & restroom on main deck.
- Access to upper/lower decks is by stairs, large windows below for viewing.

Adventure Hornblower-

- Accessible ramp, accessible restrooms on main deck.
- Access to upper/lower decks by stairs, but main deck has large viewing windows.

Inspiration Hornblower-

- Accessible ramp
- Accessible restrooms
- Elevator to lower deck

Hearing impaired narration available at ticket booth.

Spanish translation narration available.

****Inform reservations if accessible ramp is needed.**

Public Services

Electric Co. - SDG & E

San Diego Gas & Electric

(800) 411-7343

TDD (619) 235-0497

Special Lifeline rate reduction program for qualified disabled persons.

Radio Reading Services

KPBS

(619) 594-8170

Answering Machine
Broadcast reading of newspapers, books & more via a special radio.

Telephone Co.- AT & T

(800) 772-3140

Voice and TDD

Special telephone & TDD equipment for people with disabilities.

California Relay Service

MCI-TDD to voice

(800) 735-2929

Voice to TDD

(800) 735-2922

Spanish numbers

(800) 855-3000

Sprint

Sprint-TTY to voice

(888) 877-5378

Free service relays calls.



Fitness Organizations & Accessible Recreation

[The Challenge Center](#)

5540 Lake Park Way
La Mesa, CA 91942
(619) 667-8644

www.challengecenter.org

A specialized fitness center for people with disabilities.

State of the art physical therapy offered. Standing frames & specialized assistance are available.

[Tierrasanta Community Pool](#)

(858) 636-4837

Pool with lift, fold down roll-in showers.

[San Diego Indoor Sports' Club](#)

3030 Front Street
San Diego, CA 92103
(619) 574-9151

A social club for person's with physical disabilities, a Sunday dinner once a month.

[Recreation & Activities](#)

Wheelchair Dancers

(858) 573-1571

Contact: Beverly W

www.wheelchairdancers.org

[Accessible Pools with Pool Lifts:](#)

[Sharp Rehabilitation](#)

2999 Health Center Drive
San Diego, CA 92123
(858) 939-3048

- Fitness/Yoga
(858) 939-3048
- Sharp Edge Quad Rugby
(858) 651-4069

Contact: Dan M

[Mission Beach Plunge](#)

Frogs & Fitness Advantage
3115 Ocean Front Walk
(858) 488-3110

Swimming pool with lift.
Offering a weekly disabled swim program.

Also:

(858) 573-1389 Kearney Mesa

(858) 538-8079 Mira Mesa

College Pool

(619) 740-4104 Grossmont

Hospital

Accessible Travel Service Providers



Accessible San Diego Information Center

(619) 325-7550

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Deaf Community Services

(619) 398-2441

Network Interpreting Service

(800) 284-5176 TTY

(800) 284-1043



San Diego Center For The Blind

(619) 583-1542



Mobility Source

(619) 234-9505

Alternative Mobility

(619) 427-2525