

Transportation for People with Disabilities and Seniors in San Diego

The following information is provided to you by Accessible Tourism and Transportation Information Network (ATTIN) funded by the New Freedom Grant.

Public Transportation & ADA Paratransit

Name	Phone & Website	Service Area
MTS	619-233-3004 or 5-1-1 TTY: 1-888 722-4889 www.sdmts.com	San Diego, east County, South Bay
NCTD	Accessibility Line: 760-726-1111 Travel Training: 760-966-6561 www.gonctd.com	San Diego North County, Coaster
MTS Access	Certification: 1-877 232-7433 TTY: 310-410-0985 www.adaride.com Reservation: 1-888 517-9627 TTY: 1-800 568-7097	San Diego County – Make reservation 48-24 hours in advance; must be certified before using the service.

Private Transportation and Tour Companies

Name	Phone & Website	Service Area
Cloud 9 SuperShuttle	1-800 974-8885 www.cloud9shuttle.com	Airport, Amtrak, Cruiseship Terminal, etc.
SOL Transportation	1-866 765-3177** www.soltransportation.com	Primarily in North San Diego
Five Star Tours	619-232-5040 www.fivestartours.com	San Diego and Southern CA
Old Town Trolley Tours	619-298-8687 www.trolleytours.com/san-diego/	Narrated city tour of San Diego, Written scripts available for hearing impaired
Hornblower Cruises and Events	619-686-8700 www.hornblower.com	Accessible harbor cruise

Long Distance Transportation

Name	Phone and Website	
Amtrak	1-800-USA-RAIL (1-800 872-7245) www.amtrak.com	Accessible spaces can be reserved by phone or in person only. Discount may be available for people with disabilities. Make your reservation early to assure accessible accommodation.
Greyhound	Disabilities Travel Assistance Line: 1-800 752-4841 TTY/TDD: 1-800 345-3109 www.greyhound.com	48 hours advance reservation required to assure accessible accommodation; call Disability Travel Line 48 hours before each trip.

Sharp Hospital Transportation for Patients

Name	Phone and Website
Sharp Chula Vista	619-482-5800 Patient Relations
Sharp Memorial	858-541-3400 Patient Relations
Sharp Grossmont	619-740-6000 Patient Relations
Sharp Reese Steely	619-446-1550 Patient Liaison

San Diego County Volunteer Drivers Coalition - The coalition is a county-wide network of free and low-cost transportation services available to seniors. Our programs offer safe, reliable transportation provided by trained volunteers who care about seniors. Enrollment is easy. Just find the program that serves your area of residence and contact them for specific details.

Name	Phone and Website	Service Area Zip Code
ITN San Diego	619-282-0073 www.itnsandiego.org	92105, 92108, 92109, 92110, 92111, 92117, 92121, 92122,92123,92126,92131
On the Go: Transportation Solutions for Older Adults Jewish Family Service of San Diego	619-220-0268 www.jfssd.org/onthego	92037, 92064, 92111, 92115, 92117, 92119, 92120, 92121,92122, 92126, 92127, 92128, 92129, 92131

Out & About Peninsula Peninsula Shepherd Senior Center	619-223-1640 www.sdpssc.org	92106, 92107, 92110
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Rides4Neighbors, City of La Mesa	619-464-0109 www.cityoflamesa.com	91941, 91942, 91945, 91977, 91978, 92019, 92020, 92021
Seniors A Go Go, ElderHelp	619-284-9281 www.elderheipofsandiego.org	91941, 91942, 91943, 91944, 91945, 91977, 92103, 92104,92105,92106,92107, 92109,92110, 92115, 92116,92119, 92120
Solutions for Seniors on the Go, City of Oceanside	760-435-5250 www.ci.oceanside.ca.us	92054, 92056, 92057, 92058
Vista Out & About Senior Transportation, City of Vista	760-639-6161 www.cityofvista.com	92081, 92083, 92084

Other Transportation Providers for Seniors

Name	Phone and Website	Service Area
RideFact	1-866 765-3177 has 760-720-4327 www.factsd.org	Ramona – Shared rides on Tuesdays & Thursdays; call for reservation on Mondays & Wednesdays
SeniorRide, Travelers Aid	619-295-8393 Ext. 14	San Diego
Senior Partners Plus, Uplift San Diego	619-234-4504 www.upliftsandiego.org/senior	Downtown San Diego – for seniors living in subsidized housing; contact Terry Senty for more info.
Loving Care Adult Day Health	619-718-9777	Transportation to and from the Center in Mission Valley

DISCLAIMER: Although ATTIN has made the best efforts, this list may not include all transportation services available for people with disabilities and seniors. We welcome Your feedback in order to improve this list.